

Criteria for Discontinuation of Home Isolation/Quarantine

	Positive Test <u>with</u> Symptoms	Positive Test <u>without</u> Symptoms	Negative Test <u>with</u> Symptoms, No Exposure	Exposure
<p><u>Up To Date</u></p> <p>Fully Vaccinated and Boosted</p> <p>OR</p> <p>Recently Fully Vaccinated <i>2 weeks to 5 months Pfizer/Moderna</i> <i>or</i> <i>2 weeks to 2 months J&J</i></p> <p>OR</p> <p>Had COVID-19 in Prior 90 Days</p>	<p>5 days isolation from start of symptoms (release on day 6) AND >=24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved AND Wear a mask for 5 additional days when around others (if unable to wear mask, isolate for 10 days, release on day 11, if in school/childcare/camp and cannot mask, see footnote²)</p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p>5 days isolation (release on day 6) AND Wear a mask for 5 additional days when around others (if unable to wear mask, isolate for 10 days, release on day 11, if in school/childcare/camp and cannot mask, see footnote²)</p> <p><i>Additional requirements exist for patients who are immunocompromised</i></p>	<p>≥24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved</p> <p>OR</p> <p>Based on the recommendations for an alternative diagnosis if made (e.g., influenza or strep pharyngitis)</p> <p>OR</p> <p>If rapid antigen negative, repeat with antigen or molecular test in 24-48 hours</p>	<p>No quarantine AND Wear a mask for 10 days, including in the household (If unable to mask, quarantine for 10 days, release on day 11, or if test negative after day 5 can release prior to day 10) AND Test on day 5 (recommended, unless had COVID-19 in prior 90 days)</p> <p>If develop symptoms, get tested immediately and isolate until negative result received. If an antigen test is used, recommended to repeat an antigen test in 24-48 hours, or get a PCR test</p> <p><i>For patients in school/childcare/camp, see footnote²</i></p>
<p><u>Not Up to Date</u></p> <p>Unvaccinated</p> <p>OR</p> <p>Fully Vaccinated and Not Boosted <i>If vaccinated</i> <i>>5 months Pfizer/Moderna</i> <i>or</i> <i>>2 months J&J</i></p>	<p>Same as above</p>	<p>Same as above</p>	<p>Same as above</p>	<p>5 days quarantine from date of last exposure (release on day 6) AND Wear a mask for 5 additional days when around others, including in the household (If unable to mask, quarantine for 10 days, release on day 11, or if test negative after day 5 can release prior to day 10) AND Test on day 5 (recommended)</p> <p>If develop symptoms, get tested immediately and isolate until negative result received, if negative continue quarantine as directed above. If an antigen test is used, recommended to repeat an antigen test in 24-48 hours, or get a PCR test</p> <p><i>For patients in school/childcare/camp, see footnote²</i></p>

	Positive Test <u>with</u> Symptoms	Positive Test <u>without</u> Symptoms	Negative Test <u>with</u> Symptoms, No Exposure	Exposure
Healthcare Workers (HCW) in PPOC Practices¹ <i>For return to work</i>	<p><i>Contact PPOC Patient Safety Team</i></p> <p>After 5 days have passed since the first positive test was taken AND Symptoms have substantially improved, including being fever-free, for 24 hours AND The HCW is fully vaccinated AND The HCW received a negative viral test on Day 5 or later If continue to test positive, can return after 10 days of isolation (on day 11) regardless of test result</p> <p><i>HCW should avoid caring for patients who are moderately to severely immunocompromised until after 10 days has passed since their positive test</i></p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p><i>Contact PPOC Patient Safety Team</i></p> <p>After 5 days have passed since the first positive test was taken AND The HCW is fully vaccinated AND The HCW received a negative viral test on Day 5 or later If continue to test positive, can return after 10 days of isolation (on day 11) regardless of test result</p> <p><i>HCW should avoid caring for patients who are moderately to severely immunocompromised until after 10 days has passed since their positive test</i></p> <p><i>Additional requirements exist for patients who are immunocompromised</i></p>	<p>Same as above</p>	<p><i>Contact PPOC Patient Safety Team</i></p> <p>HCW may continue to work during their quarantine period provided the HCW remains asymptomatic.</p> <p>Individuals who have received either two doses of the Moderna or Pfizer COVID-19 vaccines or a single dose of the Janssen COVID-19 vaccine at least 14 days ago but not more than six months ago or have received a booster dose, are not required to quarantine following a workplace exposure.</p> <p>All HCW must wear a facemask and self-monitor for symptoms.</p> <p>Exposed asymptomatic HCW who have a community exposure should have a negative viral test prior to returning to work.</p>

¹ Patients who are also healthcare workers should contact their employer for return to work guidance

²Guidance for patients in school/childcare/camp:

These standards apply to their specific setting only, and all individuals must follow the isolation and quarantine guidance for the general population (above) when outside of those settings. Schools, childcare settings, and camps may have their own guidance that differs from the below.

Isolation (Positive Test)

	<u>School/Childcare/Camp Children</u>	<u>School Staff</u>	<u>Child Care Staff</u>	<u>Camp Staff</u>
Isolation	5 days (release day 6) (10 if unable to mask, must have a negative test on Day 5 or later in order to return prior to day 11)	5 days (release day 6)	5 days (release day 6) (10 if unable to mask, must have a negative test on Day 5 or later in order to return prior to day 11)	Same as general population above
Mask	10 days	10 days	10 days	Same as general population above
Test			Day 5 (recommended)	Same as general population above

Quarantine (Exposure)

	<u>School/Childcare/Camp Children</u>	<u>School Staff</u>	<u>Child Care Staff</u>	<u>Camp Staff</u>
Quarantine	None	Vaccinated: None Unvaccinated: 5 days (release day 6)	None	Same as general population above
Mask	10 days (recommended)	Vaccinated: None Unvaccinated: 10 days (release day 11)		Same as general population above
Test	Day 2 and Day 5 (recommended)	Vaccinated: None Unvaccinated: Day 5	Each day for 5 consecutive days	Same as general population above

Full Guidance

- [DPH](#)
- [DPH Isolation and Quarantine Guidance for Health Care Personnel](#)
- [School/Child Care/Camp \(Children\)](#)
- [School \(Staff\)](#)
- [Child Care \(Staff\)](#)

Definitions

Isolation: The separation of a person or group of people known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease ([CDC](#))

Quarantine: The separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic from others who have not been so exposed to prevent the possible spread of the communicable disease ([CDC](#))

Close Contact: You are a close contact of a COVID-19 positive person if you were within 6 feet of them while indoors, for at least 15 minutes, while they were symptomatic or within 2 days before symptom onset. You are also a close contact if you were indoors and within 6 feet for at least 15 minutes of someone who tested positive for COVID-19 (but did not have symptoms) and your exposure happened in the 2 days before their test was taken to anytime in the 10 days after the test. A close contact can also be someone who had direct contact with respiratory droplets of a COVID-19 case (e.g., being coughed or sneezed on) while not wearing a mask or face covering. ([DPH](#))

Date of Last Exposure: Date of last exposure to the COVID positive person during their isolation period.

Fully Vaccinated: People are considered fully vaccinated against COVID-19 ([CDC](#))

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer-BioNTech or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine